

Spirit Botanicals (480)510-8250

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Skin care:

Bees knees antifungal all purpose salve: soothes, heals and protects skin. Apply to acne, age spots, athlete's foot, blemishes, boils, bug bites, burns, cuts, scrapes, dandruff, deodorant, dermatitis, eczema, dry skin, impetigo, insect repellent, itchy skin, nail fungus, psoriasis, puffiness, rash, ringworm, scaly skin, scars, smelly feet, sunburn, tattoos, Antifungal, antibacterial, antimicrobial. **Ingredients-** creosote (chaparral), rosemary, thyme, basil, grapeseed oil, almond oil, castor oil, beeswax.

Creosote salve: soothes, heals and protects skin. Apply to minor cuts, scrapes, burns, boils, insect bites, rashes, fungal infections, tumors, skin irritations, hot spots, cracked skin, athlete's foot, impetigo (school sores), sunburn. Antifungal, antibacterial, antimicrobial. **Ingredients-** creosote (chaparral), grapeseed oil, beeswax.

Pretty skin salve for face and body: soothes, heals and protects skin. Apply to Face, neck, and body on wrinkles, scars, abrasions, dry skin, age spots.

Ingredients- brittlebush, calendula, helichrysum, oatstraw, wild yam, grapeseed oil, jojoba oil, pomegranate oil, sweet almond oil, beeswax.

Skin soothing salve: soothes, heals and protects skin. Apply to minor cuts, scrapes, burns, boils, insect bites, rashes, fungal infections, tumors, skin irritations, hot spots, cracked skin. Antifungal, antibacterial, antimicrobial.

Ingredients- calendula, lavender, lemon balm, castor oil, jojoba oil, grapeseed oil, beeswax.

Tinctures:

Brittlebush tincture: toothache, arthritic conditions brought on by cold, damp weather, anesthetic, anti-inflammatory. **Ingredients-** brittlebush, vodka.

Burdock root tincture: anti-inflammatory, lowers blood sugar, detoxification (especially heavy metals), blood purifier, kidney stones, gout, lymph, anorexia, mumps/measles, urinary problems, acne, eczema, psoriasis. **Ingredients-** burdock root, vodka.

Ceylon cinnamon glycerite: anti-inflammatory, anti-oxidant, lowers blood sugar, antimicrobial, anti-fungal, combats staph, listeria, e. Coli, mold, salmonella, candida, klebsiella. **Ingredients-** ceylon cinnamon, glycerin, water.

Chill out tincture: meditation, grounding, calming, relaxation, stress, anxiety.

Ingredients- motherwort, blue lotus, california poppy, lemon balm, bacopa, damiana, slippery elm, vodka.

Clean sweep tincture: anti-inflammatory, detoxification, digestive support, lowers blood sugar, antimicrobial, anti-fungal. **Ingredients-** pau d'Arco, burdock root, dandelion leaf & root, licorice root, marshmallow root, barberry, cardamom, calendula, fennel, milk thistle, ceylon cinnamon, slippery elm, vodka.

Come together tincture: anti-inflammatory, antifungal, anxiety, PTSD, depression, overall mood lifter, connecting with others, stress, overwhelm, letting go. **Ingredients-** bacopa, calendula, chamomile, damiana, horsetail, lemon balm, motherwort, meadowsweet, oatstraw, peppermint, skullcap, vodka.

Desert willow tincture: anti-fungal, anti-microbial, valley fever, candida, ringworm, lymph, digestive and immune systems support. **Ingredients-** desert willow leaf, flower and stem, vodka.

Ginkgo biloba tincture: blood circulation, opens vessels and makes blood less sticky, vein and eye health, heart, brain function, dementia, arthritis, IBS, anxiety, stress. **Ingredients-** ginkgo biloba, vodka.

Lemon balm tincture: anti-fungal, anti-microbial, stress, anxiety, insomnia, anti-viral (cold sores), colic, mood lifter (GABA regulator). **Ingredients-** lemon balm leaf, vodka.

Motherwort tincture: heartache, grief, fear, anxiety, parasites, grounding, connecting with others, stress, overwhelm. **Ingredients-** motherwort, vodka.

Mulberry leaf tincture: weight loss, nourish liver, clear heat and repel wind from the body. **Ingredients-** mulberry leaf, vodka.

Pure joy California poppy tincture: pain, stress, panic attacks, mood lifter, insomnia, ringworm, fungus, skin issues, coughs, bedwetting, irritability, bring yourself back to your own source of light. **Ingredients-** california poppy flower and stem, vodka. *contains natural latex*

Rock-A-Bye Baby glycerite: anti-inflammatory, sleep aid, relaxation, anxiety, hyperactivity, ADHD, stomach ailments, skin conditions. **Ingredients-** chamomile, lavender, blue pea flower, glycerin, water.

Siberian ginseng tincture: energy, longevity, vitality, adaptogen, performance enhancer, immune stimulant. **Ingredients-** siberian ginseng, vodka.

Skin tonic tincture: anti-inflammatory, antifungal, skin rashes, sores, acne, eczema, ringworm, inflammation. **Ingredients-** barberry, burdock root, echinacea purpurea, echinacea angustifolia root, oregon grape root, pau d'arco, vodka.

Tooth & nail tincture: anti-inflammatory, antifungal, antibacterial, strengthen skin, hair, nails and teeth, parasites, ease menstrual cramps. **Ingredients-** horsetail, red raspberry leaf, yellow dock root, vodka.

Uva-ursi tincture: UTI, bladder inflammation, shrink and tighten mucous membranes, kidney stones, increase urine flow, neutralize urine acidity.

Ingredients- uva-ursi, vodka.

Valerian root tincture: insomnia, anxiety, PMS, depression, headaches, stomach cramps. **Ingredients-** valerian root, vodka.

Vitex & yam tincture: PMS, stomach cramps, menopausal symptoms, balance estrogen & progesterone, reduce inflammation. **Ingredients-** vitex (chaste tree berry), vodka.

Tinctures: take 1-20 drops twice daily. Start with small doses. Glycerites can be taken directly in the mouth and tinctures should be added to 1 ounce liquid.

Note: Glycerites are thicker therefore the size of the drops is larger.

Syrups:

Monthly magic syrup: cramps, PMS, regulate hormones, menopause symptoms, hot flashes, infertility, heavy bleeding. **Ingredients-** nettle, oatstraw, chaste tree (vitex) fennel, horsetail, lady's mantle, wild yam, lemon balm, prickly ash, skullcap, motherwort, water, vegetable glycerin.

Purple Zen syrup: stress, anxiety, relaxation, insomnia, upset stomach, lymph, rashes, yeast infections, colitis/IBS, gallbladder, ulcers, eyestrain, sensory overload, nightmares, hyperactivity/ADHD. **Ingredients-** chamomile, calendula, blue pea flower, hibiscus, cinnamon bark, orange peel, water, vegetable glycerin.

Vitamin C syrup: vitamin C supplement. **Ingredients-** rose hips, hibiscus, water, vegetable glycerin.

Lip Balms \$5 (½ oz) Vanilla, Mint Chip, Orange You Sweet

Salves \$12 (2 oz) Bees Knees, Brookie Balm, Creosote, Pretty Skin, Skin Soothing Salve, Wild Yam

Syrups \$20 (8 oz) Monthly Magic, Purple Zen, Vitamin C

Tinctures & Glycerites \$12 (1 oz)

Brittlebush, Ceylon Cinnamon, Chill Out, Clean Sweep Detox, Come Together, Creosote (Chaparral), Desert Willow, Ginkgo Biloba, Lemon Balm, Motherwort, Mulberry Leaf, Pure Joy (California Poppy), Rock-A-Bye Baby, Siberian Ginseng, Simmer Down, Skin Tonic, Uva Ursi, Tooth & Nail, Valerian Root

Orders and inquiries please contact:

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Note: Check with your medical care practitioner before using, especially if you are pregnant or taking prescription drugs or other herbs. Take precaution if you have allergic reactions to flowers. As with any herb there is potential for sensitization. Start with small doses and work up to your optimum level and make adjustments as needed.